

EXCEL IN MOTION SCHEDULE OF EVENTS

MURFREESBORO, TN

Saturday, February 12, 2022

REGISTRATION OPENS AT 7:15AM

Time	Mirabella F-J Intermediate	Mirabella E Intermediate/Advanced	Mirabella A-D Advanced/Professional
7:30am	Ballrooms Open for Stretching		
7:50-8:00am	Opening Ceremony		
8:00-9:00am	COMMERCIAL HIP HOP Casie GoShow	JAZZ Lauren Froderman	CONTEMPORARY Alex Wong
9:05-10:05am	JAZZ Lauren Froderman	CONTEMPORARY Alex Wong	COMMERCIAL HIP HOP Casie GoShow
10:10-11:10am	CONTEMPORARY Alex Wong	ANIMATION Cyrus Spencer	LYRICAL Tara-Jean Popowich
11:10-12:40pm	LUNCH & NEWBIE REHEARSAL		
11:20-11:50am	AUTOGRAPHS		
12:40-1:40pm	ANIMATION Cyrus Spencer	LYRICAL Tara-Jean Popowich	JAZZ Lauren Froderman
1:45-2:45pm	LYRICAL Tara-Jean Popowich	COMMERCIAL HIP HOP Casie GoShow	ANIMATION Cyrus Spencer
3:00-6:30pm	COMPETITION		
8:00pm	EXHIBITION SHOW		

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Sunday, February 13, 2022

Time	Mirabella F-J Intermediate	Mirabella E Intermediate/Advanced	Mirabella A-D Advanced/Professional
7:30am	Ballrooms Open for Stretching		
8:00-9:00am	CONTEMPORARY HIP HOP Megz	LYRICAL Amelia Lowe	CONTEMPORARY Rory Freeman
9:05-10:05am	LYRICAL Amelia Lowe	CONTEMPORARY Rory Freeman	MUSICAL THEATER Amy Yakima
10:10-11:10am	MUSICAL THEATER Amy Yakima	TAP Peter Sabasino	LYRICAL Amelia Lowe
11:10-12:40pm	LUNCH & NEWBIE REHEARSAL		
11:20-11:50am	AUTOGRAPHS		
12:40-1:40pm	CONTEMPORARY Rory Freeman	CONTEMPORARY HIP HOP Megz	TAP Peter Sabasino
1:45-2:45pm	TAP Peter Sabasino	MUSICAL THEATER Amy Yakima	CONTEMPORARY HIP HOP Megz
2:50-3:05pm	CLOSING CEREMONY High Honors Studio & Scholarship Winners Announced		
3:30pm	COMPETITION		